TRAINING RECORD – ASSESSMENT

Starting Off	Comments
1. Look behind; 2. Awareness & response to traffic; 3. Road position.	
Stopping	**Comments**
4. Traffic awareness; 5. Look behind; 6. Use of brakes; 7. Dismounting safely.	
Left Turns	**Comments**
8. Look behind; 9. Clear signal; 10. Road position; 11. Response to road markings; 12. Traffic awareness; (from side & main roads).	

Right Turns	Comments
13. Look back & forwards; 14. Signal if clear & move to correct position; 15. Response to road markings; 16. Lifesaver look; 17. General observation; 18. Traffic priority awareness.	
Overtaking parked vehicles	**Comments**
19. Look ahead and behind; 20. Clear signal and traffic awareness; 21. Road position & distance from vehicle; N.B. When overtaking several cars maintain road position.	
Workbook	**Comments**

Additional Comments	
SKILL	**COMMENTS**
22. Bike care & Condition. 23. Bike control. 24. Confidence. 25. Concentration. 26. Pedestrian awareness.	

INSTRUCTOR'S NOTES

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